

Katherine Venturo-Conerly, M.A.

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Education

MASSACHUSETTS GENERAL HOSPITAL

Boston, MA

Clinical Psychology Intern: Cognitive Behavioral Scientist track Expected Graduation: June 2026

Department of Psychiatry

Research Advisor: Randi Schuster, Ph.D., Director, Center for School Behavioral Health

HARVARD UNIVERSITY

Cambridge, MA

GPA: 4.00; Clinical Science Ph.D. Student

Expected Graduation: May, 2026

Harvard Laboratory for Youth Mental Health

Advisor: John Weisz, ABPP, Ph.D.

Dissertation:

Enhancing Clinical Decision-Making in Modular Youth Psychotherapy

August 18, 2025

Committee: John Weisz, Mark Hatzenbuehler, Christian Webb, Patrick Mair

HARVARD UNIVERSITY

Cambridge, MA

GPA: 4.00; Clinical Science A.M. in passing

March 2023

Harvard Laboratory for Youth Mental Health

Advisor: John Weisz, ABPP, Ph.D.

HARVARD UNIVERSITY

Cambridge, MA

GPA: 3.97; A.B., Psychology, Global Health and Health Policy, Spanish.

March 2020

John Harvard Scholar; awarded to top 5% of graduating class

Phi Beta Kappa, early inductee, "Senior 48"

Honors, Awards, and Fellowships

Harvard Horizons Fellowship (\$1,000)

December 2024

Awarded to 8 Harvard PhD students based on intellectual rigor, importance, and merit of work and faculty recommendation. Public talk video can be viewed here:

<https://www.youtube.com/watch?v=4lAgVy4JAZY&t=18s>

Clinical Psychological Science SIG Poster Award (\$100)

November 2024

Awarded second place in ABCT poster competition sponsored by the Clinical Psychological Science special interest group.

Future Directions Launch Award

July 2024

Awarded based on readiness for an independent research career by the Society for Clinical Child and Adolescent Psychology (Division 53 of the American Psychological Association)

Highly Commended: Research Trainee of the Year

November 2023

Awarded by the Association for Child and Adolescent Mental Health

National Institute of Mental Health: Global Mental Health

October 2023

Visionary Innovators Shaping Tomorrow's Advancements Award

Competitive award meant to “recognize the next generation of global mental health leaders who continue to push the boundaries of knowledge through groundbreaking ideas, discoveries, and perspectives”

National Institute of Mental Health National Research Service Award (\$108,186) July 2023

PI on a training grant (F31) entitled “Enhancing Clinical Decision-Making in Modular Youth Psychotherapy”

Final year of funding cancelled due to starting internship

Co-sponsors: Profs. John Weisz & Christian Webb; Consultants: Profs. Patty Leijten, Patrick Mair, & Larry Palinkas

Impact Score: 13; Top 4%

Karen Stone Fellowship (\$39,000)

2020-2023

Fellowship awarded to one student annually by the Harvard clinical psychology faculty based on high potential for an independent clinical research career.

Finalist: Harvard Innovation Lab President's Innovation Challenge

May 2021

Shamiri, a youth global mental health-focused 501(c)3 (which I co-founded), was selected as top 5 among hundreds of Harvard start-ups to compete at live pitch event for \$75k; placed 3rd

ABCT Student Travel Award (\$500)

October 2020

Awarded to one student attending the Association for Behavioral and Cognitive Therapies conference each year; “highly competitive” award based on demonstrated innovation, independence, and initiative

Social Impact Fellowship (\$20,000)

June 2020

PI on award from the Harvard Innovation Lab to support the Shamiri Institute in training lay-providers in Kenya to deliver the Shamiri Intervention

SSCP Student Poster Competition Winner (\$200)

May 2020

Awarded by the Society for a Science of Clinical Psychology for outstanding student poster in clinical psychology

APA SCCAP Div. 53 Student Achievement Award in Research (\$1,000)

May 2020

Awarded by the APA Society of Clinical Child and Adolescent Psychology for outstanding student achievement in youth clinical psychology research

Phi Beta Kappa, Early Inductee

November 2019

Elected based on outstanding GPA, intellectual depth and breadth of coursework, and faculty recommendation

Weissman International Program Fellowship (\$6,000) May 2019
For two months travel and research in Kenya, working on an RCT with Kenyan adolescents

APA SCCAP Division 53 Student Poster Award (\$200) August 2018
First author poster on the relationship between depressive symptoms and academic performance selected as best undergraduate poster

APS Student Volunteer Award (\$400) May 2018
Competitive award for travel to the Association for Psychological Science Conference

Cordeiro Fellowship (\$2,215) April 2018
Competitive fellowship awarded to undergraduates to perform summer research in global health
Conducted research on the barriers and facilitators of mental health treatment in Santiago, Chile, as they relate to evidence-based practices and public healthcare policy; presented findings

BLISS Fellowship (\$2,850) March 2018
Competitive fellowship awarded to ~15 undergraduates to perform summer research in social science. Assisted with search strategy and screening for a meta-analysis comparing evidence-based psychotherapies to usual care

Research Grants

Harvard University Travel Grant (\$750) August 2025
For travel to the 2024 Association for Behavioral and Cognitive Therapies conference, in New Orleans, LA.

Harvard University Travel Grant (\$750) November 2024
For travel to the 2024 Association for Behavioral and Cognitive Therapies conference, in Philadelphia, PA.

Agency Fund Grant (\$500,000) December 2023
PI on RCT for development and testing of novel life skills interventions for Kenyan high-schoolers that was awarded \$75,000 out of a total of \$500,000 that will fund Shamiri Institute research, dissemination, and systems development. No PI is named on the full \$500,000 grant, as it was awarded to Shamiri Institute broadly.

Harvard University Travel Grant (\$500) October 2023
For travel to the 2023 Association for Behavioral and Cognitive Therapies conference, in Seattle, Washington.

Harvard University Travel Grant (\$500) October 2023
For travel to the 2023 European Conference on Developmental Psychology, in Turku, Finland.

Harvard University Stimson Fund Research Grant (\$1,000) March 2023
PI on grant supporting project: "Treatment Element Characteristics: Online Survey of Clinician Opinions".

Fund for Innovation in Development (\$1,549,080) July 2022

Co-Investigator on a grant given to Shamiri Institute to support testing of large-scale implementation of the Shamiri Wellness Intervention to 25,000 students over two years.

Harvard University Deans Competitive Fund for Promising Scholarship (\$53,526) May 2022

Project Director on project: "Testing a Single-Session, Digital 'Practicing the Opposite' Intervention for Youth Waiting for Mental Health Care at Community Clinics" (Co-PI: Professor John Weisz)

Templeton World Charity Foundation (\$995,474) September 2021

Co-PI on project: "Long-term health outcomes and dissemination strategies for adolescent character strength interventions" (Co-PI: Tom Osborn)

APA Div. 29 Charles J. Gelso, Ph.D., Psychotherapy Research Grant (\$5,000) June 2021

PI on grant supporting project: "Analyzing the Role of Individual Treatment Modules in Predicting Youth Psychotherapy Outcomes"

COVID Era Virtual Care for Youth Mental Health in Ontario (\$118,000) August 2020

Co-investigator on a project designing and delivering virtual psychotherapy to students across Ontario (PI: Professor John Weisz)

Spark Grant (\$5,000) July 2020

PI on award from the Harvard Innovation Lab to support the Shamiri Institute virtual training development and evaluation

Templeton World Charity Foundation (\$234,000) March 2020

Scientific Sub-Director on grant awarded for RCT research project dismantling the Shamiri Intervention (PIs: Dr. Christine Wasanga, Dr. John Weisz)

Science Education Office Travel Grant (\$800) October 2019

For presentation at the Association for Behavioral and Cognitive Therapies conference in Atlanta, GA

Harvard College Research Program Grant (\$900) October 2019

For a pilot trial of a purpose intervention for adolescents

Harvard College Research Program Grant (\$1,000) October 2018

For continuing research on mental health and primary care in Santiago, Chile

Harvard College Research Program Grant (\$1,000) May 2018

For travel to the Association for Psychological Science and the American Psychological Association conferences

Global Health and Health Policy Research Grant (\$500) November 2017

For research on child growth stunting and maternal depression in low- and middle-income countries

Harvard College Research Program Grant (\$500) October 2017

For travel to the Association of Behavioral and Cognitive Therapies conference

Harvard College Research Program Grant (\$1,000)

October 2017

For performing, transcribing, and coding qualitative interviews with former eating disorder patients

Rozencrantz Discovery Grant (\$850)

June 2017

To conduct an independent research project on the psychiatric history of New York City

Peer-Reviewed Manuscripts and Chapters

Published:

1. **Venturo-Conerly, K.**, Mair, P., Webb, C., [‡]Hill, E., Chorpita, B., Merry, S., & Weisz, J. (Accepted, In Press). Between- and within-subjects relationships between treatment elements and symptom improvements across six randomized controlled trials.
2. Steinberg, J. S., Sun, J., **Venturo-Conerly, K. E.**, Sood, G., Mair, P., Davydenko, O., Porzak, R., Ougrin, D., & Weisz, J. R. (2025). Randomized trial testing a self-guided digital mental health intervention teaching calming skills for Ukrainian children. *Npj Mental Health Research*, 4(1), 20–14.
3. Jakobsson, C. E., Johnson, N. E., Ochuku, B., Baseke, R., Wong, E., Musyimi, C. W., Ndeti, D. M., & **Venturo-Conerly, K. E.** (2025). Meta-Analysis: Prevalence of Youth Mental Disorders in Sub-Saharan Africa. *Global Mental Health*, 11, e109.
4. Jakobsson, C., Sanghavi, R., Nyamiobo, J., Maloy, C., Mwanzu, A., **Venturo-Conerly, K.**, ... & Kumar, M. (2024). Adolescent and youth-friendly health interventions in low-income and middle-income countries: a scoping review. *BMJ Global Health*, 9(9), e013393.
5. **Venturo-Conerly, K. E.**, Singla, D. R., & Weisz, J. R., PhD. (2025). Evidence Synthesis in Youth Mental Health for Low- and Middle-Income Countries—Authors’ Reply. *Journal of the American Academy of Child and Adolescent Psychiatry*, 64(3), 311–313.
6. **Venturo-Conerly, K. E.**, Osborn, T. L., Rusch, T., Ochuku, B. K., Johnson, N. E., van der Markt, A., Wasanga, C. M., & Weisz, J. R. (2025). Testing the Shamiri Intervention and Its Components With Kenyan Adolescents During the COVID-19 Pandemic: Outcomes of a Universal, 5-Arm Randomized Controlled Trial. *Journal of the American Academy of Child and Adolescent Psychiatry*, 64(7), 786–798.
7. Frederick, J., Ng, M.Y., Valente, M.J., **Venturo-Conerly, K.**, & Weisz, J.R. (2024) What CBT modules work best for whom? Identifying subgroups of depressed youths by their differential response to specific modules. *Behavior Therapy*, 55 (4). 898-911.
8. Eisenberg, B. & **Venturo-Conerly, K.** (2024) Microlevel Clinical Decision Making: Challenges and Suggestions to Support Early-Career Clinicians Across Care Contexts. (In press). *American Journal of Psychotherapy*, 77 (1). 39-41.

9. [‡]Johnson, N. E., **Venturo-Conerly, K. E.**, & Rusch, T. (2023). Using wearable activity trackers for research in the global south: Lessons learned from adolescent psychotherapy research in Kenya. *Cambridge Prisms: Global Mental Health*, 10, e86.
10. **Venturo-Conerly, K.**, Fitzpatrick, O., & Weisz, J. (2023). An Overview of Modular Approaches to Youth Psychotherapy. In Farrell, L., Murrihy, R., & Essau, C. (Eds.), *"Handbook of Treatment Modules for Youth Emotional and Behavioural Disorders: Guidelines for personalised care"*. Elsevier: Amsterdam, Netherlands.
11. **Venturo-Conerly, K.E.**, Osborn, T.L., Puffer, E.S., Weisz, J.R., van der Markt, A. (2023). Do good; minimizing risk of harm in school-based interventions. A Commentary on "Do no harm: can school mental health interventions cause iatrogenic harm?" *BJPsych Bulletin*, 47 (5). 300-301.
12. Ochuku, B., Osborn, T. L., Nerima, D., van der Markt, A., Rusch, T., Omune, H., Akello, S., Ndeti, D. M., & **Venturo-Conerly, K. E.** (2023). Testing pathways to scale: study protocol for a three-arm randomized controlled trial of a centralized and a decentralized ("Train the Trainers") dissemination of a mental health program for Kenyan adolescents. *Trials*, 24(1), 526.
13. Weisz, J.R., Fitzpatrick, O.M., **Venturo-Conerly, K.E.**, Fitzpatrick, O.M., Sternberg, A., Steinberg, J.S., & Ng, M.Y. Research Review: The internalizing paradox – youth anxiety and depression symptoms, psychotherapy outcomes, and implications for research and practice. (2023). *Journal of Child Psychology and Psychiatry*, 64 (12). 1720-1734.
14. Loades, M.E., Coetzee, B., Osborn, T., Human, S., **Venturo-Conerly, K.** (2023). Lessons learned from conducting mental health intervention research in schools in the global south: Our experiences in South Africa and Kenya. *Clinical Child Psychology and Psychiatry*, 29 (1), 187-197.
15. Weisz, J.R., **Venturo-Conerly, K.E.**, Fitzpatrick, O.M., Frederick J.A., & Ng, M.Y. (2023). What four decades of meta-analysis have taught us about youth psychotherapy and the science of research synthesis. *Annual Review of Clinical Psychology*, 19 (1), 79-105.**
****Winner of Psyche Award for Most Valuable Paper from the Journal of Contemporary Psychotherapy**
16. **Venturo-Conerly, K. E.**, [‡]Reynolds, R., [‡]Clark, M., Fitzpatrick, O., Weisz., J.R., (2023). Personalizing Youth Psychotherapy: A Scoping Review of Decision-Making in Modular Treatments. *Clinical Psychology: Science and Practice*, 30(1), 45–62.
17. **Venturo-Conerly, K.**, Fitzpatrick, O., & Weisz, J. (2023). Child and Adolescent Psychotherapy. In Markey, C. & Friedman, H. (Eds.), *Encyclopedia of Mental Health*, 3rd Edition. Elsevier: Amsterdam, Netherlands.
18. **Venturo-Conerly, K. E.**, [‡]Eisenman, D., Wasil, A., Singla, D., Weisz., J.R., (2023). Effectiveness of Youth Psychotherapy Interventions in Low- and Middle-Income Countries (LMICs): A Meta-Analysis. *Journal of the American Academy of Child and Adolescent Psychiatry*, 62 (8), 859-873.

19. Rusch, T., **Venturo-Conerly, K.**, Baja, G., & Mair, P. (2023). COPS in Action: Exploring Structure in the Usage of the Youth Psychotherapy *MATCH*. *Psych*, 5(2), 274–302.
20. Fitzpatrick, O., Cho, E., **Venturo-Conerly, K. E.**, Ugueto, A., Ng, M. Y., Weisz, J.R., (2023). Empirically Supported Principles of Change in Youth Psychotherapy: A Meta-Analysis. *Clinical Psychological Science*, 11 (2), 326-344.
21. Osborn, T. L., **Venturo-Conerly, K. E.**, Gan, J.Y., Rodriguez, M., Alemu, R., Roe, E., Arango, S., Wasil, A., Campbell, S., Weisz, J. R. Wasanga, C. (2022). Depression and anxiety symptoms amongst Kenyan adolescents: Psychometric Properties, Prevalence Rates and Associations with Psychosocial Wellbeing and Sociodemographic factors. *Research on Child and Adolescent Psychopathology*, 50 (11), 1471-1485.
22. **Venturo-Conerly, K.**, [‡]Johnson, N., Osborn, T., Puffer, E., Rusch, T., Ndeti, D., Wasanga, C., & Weisz, J. (2022). Long-term health outcomes of adolescent character strength interventions: three-to four-year outcomes of three randomized controlled trials of the Shamiri program. *Trials*, 23, 443.
23. Cwinn, E., Barry, E.A., Weisz, J.R., Bailin, A., Fitzpatrick, O.M., **Venturo-Conerly, K.**, and Crooks, C.V. (2022). Brief Digital Interventions: An Implementation-Sensitive Approach to Addressing School Mental Health Needs of Youth with Mild and Emerging Mental Health Difficulties. *Canadian Journal of Community Mental Health*. 41(3): 157-175.
24. **Venturo-Conerly, K.**, Wasil, A., Osborn, T., Puffer, E., Weisz, J., & Wasanga, C. (2022). Designing Culturally and Contextually Sensitive Protocols for Suicide Risk in Global Mental Health: Lessons from Research with Adolescents in Kenya. *Journal of the American Academy of Child and Adolescent Psychiatry*, 51(9), 1074-1077.
25. Fitzpatrick, O., Bailin, A., **Venturo-Conerly, K.**, Wei, M., & Weisz, J. (2022). FIRST: An efficient intervention for youths with multiple mental health problems. In S. Bennett, P. Myles-Hooton, J. Schleider, & R. Shafran. (Eds.), *Low Intensity Evidence-Based Interventions for Children & Young People*. Oxford University Press: New York, NY.
26. **Venturo-Conerly, K.**, Osborn, T., Roe, E., Alemu, R., Rodriguez, M., Gan, J., Arango, S., Wasil, A., Wasanga, C., & Weisz, J. (2022). Single-session interventions for adolescent anxiety and depression symptoms in Kenya: A cluster-randomized controlled trial. *Behaviour Research and Therapy*. 151, 104040.
27. **Venturo-Conerly, K. E.**, Fitzpatrick, O.M., Horn, R.J., Ugueto, A.M., Weisz, J.R. (2022). Effectiveness of Youth Psychotherapy Delivered Remotely: A Meta-Analysis. *American Psychologist*, 77(1), 71–84.
28. **Venturo-Conerly, K. E.**, Osborn, T.L., Wasil, A.R., Le, H. [‡], Corrigan, E., Weisz, J.R., Wasanaga, C. (2021). Testing the Effects of the Shamiri Intervention and its Components on Anxiety, Depression, Wellbeing, and Academic Functioning in Kenyan Adolescents: Study Protocol for a Five-Arm Randomized Controlled Trial. *Trials*, 22, 1-20.

29. Osborn, T. L.*, **Venturo-Conerly, K. E. ***, Arango, S., Roe, E., Rodriguez, M., Alemu, R., Weisz, J. R. (2021). Effect of Shamiri layperson-provided intervention vs study skills control intervention for depression and anxiety symptoms in adolescents in Kenya: a randomized clinical trial. *JAMA Psychiatry*, 78(8), 829-837.

***Indicates shared first authorship**

30. **Venturo-Conerly, K. E.**, Roe, E., Wasil, A., Osborn, T. L., Ndeti, D., Wasanga, C., Weisz, J. (2021). Training and Supervising Lay-providers in Kenya: Strategies and Mixed-methods Outcomes. *Cognitive and Behavioral Practice*, 29(3), 666-681.

31. Weisz, J. R., Fitzpatrick, O.M., **Venturo-Conerly, K.**, Cho, E., Process-based and principle-guided approaches in youth psychotherapy. (2021). *World Psychiatry*, 20(3) 378-380.

32. Wasil, A.R., Osborn, T.L., **Venturo-Conerly, K.E.**, Wasanga, C., & Weisz, J.R. (2021). Conducting global mental health research: Lessons learned from Kenya. *Global Mental Health*, 8, E8.

33. Wasil, A., **Venturo-Conerly K.**, Gillespie, S., Osborn, T., Weisz, J. (2022). In Their Own Words: Using Open-Ended Assessment to Identify Culturally Relevant Concerns among Kenyan Adolescents. *Culture, Medicine and Psychiatry*, 46(2):297-321.

34. Murray, S. M., Skavenski Van Wyk, S., Metz, K., Mulemba, S. M., Mwenge, M. M., Kane, J. C., Alto, M., **Venturo-Conerly, K. E.**, Wasil, A. R., Fine, S. L., & Murray, L. K. (2021). A qualitative exploration of mechanisms of intimate partner violence reduction for Zambian couples receiving the Common Elements Treatment Approach (CETA) intervention. *Social Science & Medicine* (1982), 268, 113458–113458.

35. Osborn, T. L.*, **Venturo-Conerly, K. E.***, Wasil, A., Rodriguez, M., Roe, E., Arango, S., Weisz, J. R. (2020). The Shamiri group intervention for adolescent anxiety and depression: Study protocol for a randomized controlled trial of a lay provider-delivered, school-based intervention in Kenya. *Trials*, 21, 938.

***Indicates shared first authorship**

36. Wasil, A. R., Gillespie, S., Patel, R., Petre, A., **Venturo-Conerly, K. E.**, Shingleton, R. M., Weisz, J. R., & DeRubeis, R. J. (2020). Reassessing Evidence-Based Content in Popular Smartphone Apps for Depression and Anxiety: Developing and Applying User-Adjusted Analyses. *Journal of Consulting and Clinical Psychology*, 88(11), 983–993.

37. **Venturo-Conerly, K.**, Wasil, A., Dreier, M., Lipson, S., Shingleton, R., Weisz, J. (2020). Why I Recovered: A Qualitative Investigation of Factors Promoting Motivation for Eating Disorder Recovery. *International Journal of Eating Disorders*, 53(8), 1244-1251.

38. Osborn, T. L., Wasil, A. R., **Venturo-Conerly, K. E.**, Schleider, J. L., & Weisz, J. R. (2020). Group Intervention for Adolescent Anxiety and Depression: Outcomes of a Randomized Trial with Adolescents in Kenya. *Behavior Therapy*, 51(4), 601–615.

39. Osborn, T. L., Rodriguez, M., Wasil, A. R., **Venturo-Conerly, K. E.**, Gan, J., Alemu, R. G., Roe, E., Arango G., S., Otieno, B. H., Wasanga, C. M., Shingleton, R., & Weisz, J. R. (2020). Single-Session Digital Intervention for Adolescent Depression, Anxiety, and Well-Being: Outcomes of a Randomized Controlled Trial with Kenyan Adolescents. *Journal of Consulting and Clinical Psychology*, 88(7), 657–668.
40. Osborn, T. L., **Venturo-Conerly, K. E.**, Wasil, A. R., Schleider, J. L., & Weisz, J. R. (2020). Depression and Anxiety Symptoms, Social Support, and Demographic Factors Among Kenyan High School Students. *Journal of Child and Family Studies*, 29(5), 1432–1443.
41. Wasil, A. R., **Venturo-Conerly, K. E.**, Shinde, S., Patel, V., & Jones, P. J. (2020). Applying network analysis to understand depression and substance use in Indian adolescents. *Journal of Affective Disorders*, 265, 278–286.
42. Wasil, A. R., **Venturo-Conerly, K. E.**, Shingleton, R. M., & Weisz, J. R. (2019). A review of popular smartphone apps for depression and anxiety: Assessing the inclusion of evidence-based content. *Behaviour Research and Therapy*, 123, 103498.
43. **Venturo-Conerly, K.**, Wasil, A., Shingleton, R., & Weisz, J. (2020). Recovery as an “Act of rebellion”: a qualitative study examining feminism as a motivating factor in eating disorder recovery. *Eating Disorders*, 28(3), 265–271.
44. Wasil, A., **Venturo-Conerly, K.**, Shingleton, R., Weisz, J. (2019). The Motivating Role of Clinician and Peer Recovery Disclosures in Eating Disorder Recovery: A Qualitative Study. *Psychotherapy*, 56 (2), 170–180.
45. Wasil, A., & **Venturo-Conerly, K.** (2018). Mental Health in the Classroom: A Review of School-Based Interventions to Prevent Depression. *The Undergraduate Research Journal of Psychology at UCLA*.
46. Bi, J., Gupta, P., Miclau, K., Ryan, S., Shen, Y., **Venturo-Conerly, K.**, & Wasil, A. (2017). A review of the biological aspects of autism spectrum disorder. *The Harvard Undergraduate Research Journal*.

Under Review and In Revisions:

1. **Venturo-Conerly, K.**, Mair, P., Webb, C., [‡]Hill, E., [‡]Sheng, M., Chorpita, B., Merry, S., & Weisz, J. (Under Review). Timing as a moderator of within-subjects relationships between treatment elements and symptom improvements across six randomized controlled trials.
2. Kahi, S., Memba, L., Syan, A., Ngatia, V., **Venturo-Conerly, K.**, Wasanga, C., & Osborn, T. (In Revisions). Implementing a School-Based Risk Management Protocol in a Task-Shifted Mental Health Model: An Implementation Science Evaluation.
3. Petersen, J.M., Nygaard, M.A., Adams, K.M.*, **Venturo-Conerly, K.E.**, & Weisz, J.R. (Under review). Using cross-lagged panel models to understand symptom patterns in transdiagnostic treatment of youths with comorbidities. *Journal of Clinical Child and Adolescent Psychology*.

In Preparation:

1. **Venturo-Conerly, K.**, [±]Hill, E., Mair, P., [±]Sheng, M., Webb, C., Chorpita, B., Merry, S., Leijten, P., & Weisz., J. (In Preparation). Using Machine Learning to Identify 'What Works for Whom' in Modular Youth Psychotherapy: Results from Six Randomized Trials.
2. **Venturo-Conerly, K.**, [±]Kamau, F., Baseke, R., Osborn, T., Weisz., J., & Wasanga, C., (In Preparation). A Personalized Life Skills Intervention Reduces Depression and Anxiety: Findings of A Pilot Randomized Controlled Trial.
3. **Venturo-Conerly, K.**, [±]Petersen, O., [±]Sheng, M., & Weisz., J. (In Preparation). Who receives which treatment elements? An analysis of three randomized controlled trials.
4. **Venturo-Conerly, K.**, [±]Kamau, F., Osborn, T., Wasanga, C., & Weisz., J. (In Preparation). Qualitative Investigation of Mechanisms of Change Among Participants in the Shamiri Mental Health Intervention.

Published Abstracts:

*Wasil, A., ***Venturo-Conerly, K.**, Sardana, S., Foo, C., Verdelli, H. (2020). A Formula for Feelings? Comparing Computer-Rated Sentiment in R to Human-Rated Sentiment. *Behavior Research and Therapy*.

*Indicates shared first authorship

Popular Press:

Venturo-Conerly, K. and Wasil, A. (2017, October 10). Lost in Translation: The Case for Translational Research. *Harvard Political Review*. Retrieved from <http://harvardpolitics.com/harvard/translational-research/>

[±]Indicates Trainee Author

Symposia Chaired

Venturo-Conerly, K.E., Supporting flourishing among youth in Africa: Recent developments and future directions in global mental health. Symposium to be Presented at the Association for Behavioral and Cognitive Therapies 57th Annual Convention, Seattle, WA.

Venturo-Conerly, K.E., Fitzpatrick, O. (co-chairs) Toward Streamlined Psychotherapies: Understanding the Role of Specific Youth Psychotherapy Elements in Clinical Practice and Outcomes. Symposium Presented at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA. (2021, virtually, due to COVID-19)

Venturo-Conerly, K.E., Increasing Access to Evidence-Based Care through Lay-Counselor-Delivered Interventions: Outcomes from Randomized Controlled Trials in Low- and Middle-Income Countries. Symposium Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA. (2020, virtually, due to COVID-19)

Venturo-Conerly, K.E., Youth Global Mental Health and Implementation Science: Past Evidence and Future Directions. Symposium Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA (2020, virtually, due to COVID-19).

Presentations

Venturo-Conerly, K., [‡]Kamau, F., [‡]Baseke, R., Osborn, T., Weisz, J., & Wasanga, C., A Personalized Life Skills Intervention Reduces Depression and Anxiety: Findings of A Pilot Randomized Controlled Trial. Presented at the Association for Behavioral and Cognitive Therapies 59th Annual Convention, New Orleans, LA.

[^]**Venturo-Conerly, K.**, Mair, P., Webb, C., [‡]Hill, E., & Weisz, J. Between- and Within-subjects Relations Between Treatment Elements and Symptoms in Modular Youth Psychotherapy. Poster Presented at the Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA.

Dryburgh, N. S., Weisz, J. R., Miller, R., Rodriguez, C., Cost, K. T., Weaver, T., Venturo-Conerly, K., ... & Georgiades, K. (2024). Integration and Evaluation of Brief Digital Interventions in School Mental Health Settings. *In AACAP's 2024 Annual Meeting*. AACAP.

[‡]Petersen, O., **Venturo-Conerly, K.** (2024) Who receives which treatment elements? An analysis of three randomized trials of the MATCH modular youth psychotherapy. Poster presented at the Anxiety and Depression Association of America Conference, Boston, MA.

Venturo-Conerly, K.E., Osborn, T., Rusch, T., Wasanga, C., Weisz, J.R. (2023) Testing the Shamiri Intervention and its Components for Kenyan Adolescents: A Five-arm Randomized Controlled Trial. Paper Presented at the Association for Behavioral and Cognitive Therapies 57th Annual Convention, Seattle, WA.

[‡]Reynolds, R., **Venturo-Conerly, K.**, & Weisz, J.R. (2023). Modular Youth Psychotherapy: A Systematic Review of Treatment Measures and Outcomes. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.

Frederick, J., Ng, M.Y., Valente, M.J., **Venturo-Conerly, K.**, & Weisz, J.R. (2022). What CBT modules work best for whom? Identifying subgroups of depressed youths by their differential response to specific modules [Poster presentation]. Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.

Venturo-Conerly, K., [‡]Reynolds, R., [‡]Hill, E., [‡]Clark, M., Fitzpatrick, O., Weisz, J. “Selecting Treatment Elements to Personalize Youth Psychotherapies: Scoping Review and Future Directions.” Paper Presented at the 2023 European Conference on Developmental Psychology, Turku, Finland.

Venturo-Conerly, K., [‡]Reynolds, R., [‡]Clark, M., Fitzpatrick, O., Weisz, J. “Modular youth psychotherapies: scoping review and future directions.” Paper Presented Virtually at the 54th Annual Society for Psychotherapy Research Conference, Dublin, Ireland.

[‡]Johnson, N., **Venturo-Conerly, K.,** Osborn, T., Wasanga, C., Ndeti, D., Coppersmith, D. “Ethical considerations related to managing risk when conducting youth treatment research in low- and middle-income countries.” Panel presented at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

Puffer, E.S., Barnett, M., **Venturo-Conerly, K.,** Giusto, A., Magidson, J.F., Nagy, G.A. “Task sharing” to bridge the mental health treatment gap: Strategies, Challenges, and Opportunities for training non-specialists to participate in care.” Clinical Roundtable presented at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

[‡]Eisenman, D., **Venturo-Conerly, K.,** & Weisz., J. Effectiveness of Youth Psychotherapy Interventions Delivered in Schools: A Meta-Analysis of Randomized Controlled Trials. Poster presented at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

Venturo-Conerly, K., Horn, R., & Weisz., J. Which Therapeutic Elements Best Predict Youth Psychotherapy Outcomes? A Machine Learning Analysis of the MATCH Randomized Controlled Trials. Paper Presented at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, (virtually, due to COVID-19).

Venturo-Conerly, K., Fitzpatrick, O., Horn, R., Ugueto, A., & Weisz., J. A Meta-Analysis of the Effectiveness of Remotely-Delivered Youth Psychotherapies. Paper Presented at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, (virtually, due to COVID-19).

Venturo-Conerly, K.E., Roe, E., Osborn, T.L., Wasil, A.R., Wasanga, C., Weisz, J.R. Training and Supervising Lay-Providers in Kenya: A Mixed-Methods Study of the Shamiri Intervention Trial. Paper Presented at the European Association for Behavioral and Cognitive Therapies Annual Convention, (virtually, due to COVID-19).

[§]**Venturo-Conerly, K.E.,** Osborn, T.L., Wasil, A.R., Wasanga, C., Weisz, J.R. School-based, Lay-provider-delivered Single-session Interventions Reduced Anxiety in Kenyan Adolescents: Outcomes from A Randomized Controlled Trial. Paper Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, (virtually, due to COVID-19).

Osborn, T.L., **Venturo-Conerly, K.E.,** Wasil, A.R., Alemu, R.A., Wasanga, C., Schleider, J., Weisz, J.R. A Four-week Group Intervention Reduces Adolescent Depression and Anxiety in Kenya: Outcomes of a Randomized Clinical Trial of the Shamiri Intervention. Paper Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, (virtually, due to COVID-19).

Wasil, A., Gillespie, S., Patel, R., Petre, A., **Venturo-Conerly, K. E.,** Shingleton, R., Weisz, J., DeRubeis, R. Smartphone Apps for Depression and Anxiety: A Systematic Review of Evidence-

based Content and an Application of User-adjusted Analyses. Paper Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, (virtually, due to COVID-19).

***Venturo-Conerly, K. E.,** Osborn, T. L., Wasanga, C. Weisz, J. R. (May, 2020). School-Based, Lay-Provider-Delivered Single-Session Interventions Reduce Anxiety in Kenyan Adolescents: Outcomes from a Randomized Controlled Trial. Poster Presented at the Association for Psychological Science conference (virtually, due to COVID-19).

Venturo-Conerly, K. E., Wasil, A., Osborn, T. L., Schleider, J., Weisz, J. R. (2019, November). A Brief School-Based Intervention Reduces Depression and Anxiety Symptoms in Kenyan Adolescents: Findings from a Pilot Randomized Controlled Trial. Poster presented at the Association for Behavioral and Cognitive Therapies conference in Atlanta, GA.

Wasil, A., **Venturo-Conerly, K. E.,** Osborn, T. L., Weisz, J. R. (2019, November). Adapting Wise Interventions for Kenyan Adolescents: Lessons from a Randomized Controlled Trial. Poster presented at the Association for Behavioral and Cognitive Therapies conference in Atlanta, GA.

Wasil, A., **Venturo-Conerly, K. E.,** Trepka, K., Micalu, K., Arango, S., Vaynrub, A., Shinde, S. (2019, May) Depressive Symptoms Vary in Prevalence Among Low-Income Indian Adolescents: Illustrating the Potential of Item-Level Analyses. Poster presented at the 31st Association Psychological Science conference in Washington, DC.

Venturo-Conerly, K., Wasil, A., Shingleton, R., Weisz, J. R. (2019, March). Stories of Recovery Motivate Recovery from Eating Disorders. Poster presented at the International Conference on Eating Disorders in New York, NY.

Trepka, K., **Venturo-Conerly, K.,** Patel, V. (2019, January). Depressive Symptoms as Predictors of Suicide in Indian Adolescents. Poster presented at the 5th National Collegiate Research Conference in Cambridge, MA.

Venturo-Conerly, K., Wasil, A., Weisz, J. Self regulation in youth psychotherapy: A systematic review of randomized controlled trials. (2018, November). Poster presented at the 52nd Association for Behavioral and Cognitive Therapies conference in Washington, DC.

****Venturo-Conerly, K.,** Wasil, A., Evans, S., Fite, P. (2018, August). Depressive Symptoms Predict Academic Performance in Elementary School Children. Poster presented at the 126th American Psychological Association conference in San Francisco, CA.

Wasil, A., **Venturo-Conerly, K.,** Saffran, K., Shingleton, R., Fitzsimmons-Craft, E., Kass, A., Trockel, M., Wilfley, D., Taylor, C. (2018, August). Effects of Peer Relationships and Facebook on Eating Disorder Treatment Outcomes: A Text-Analysis. Poster presented at the 126th American Psychological Association conference in San Francisco, CA.

*****Venturo-Conerly, K.,** Wasil, A., Sardana, S., Foo, C., Verdeli, H. (2018, May). A Formula for Feelings? Comparing Computer-Rated Sentiment in R to Human-Rated Sentiment. Poster presented at the 30th Association Psychological Science conference in San Francisco, CA.

Wasil, A., **Venturo-Conerly, K.** (2018, May). Mental Health on the App Store: Comparing Evidence-Based Apps to Commercial Apps Using the Mobile Apps Rating Scale. Poster presented at the 30th Association Psychological Science conference in San Francisco, CA.

Venturo-Conerly, K., Wasil, A. (2018, January). The Relationship Between Maternal Depression and Child Growth Impairment: A Systematic Literature Review. Poster presented at the 4th National Collegiate Research Conference in Cambridge, MA.

Corteselli, K., Wasil, A., **Venturo-Conerly, K.,** Hungerford, G., Weisz, J. (2017, November). The Relationship Between Depressive Symptoms and Academic Functioning in Middle School Students. Poster presented at the 51st Association of Behavioral and Cognitive Therapies conference in San Diego, California.

****Awarded best overall undergraduate poster by APA Division 53**

*****Selected for publication in *Behavior Research and Therapy***

***Winner of the Society for a Science of Clinical Psychology Student Poster Competition**

§Winner of the ABCT Student Travel Award

±Indicates Trainee Author

^ABCT Clinical Psychological Science SIG Poster Award Second Place Winner

Clinical, Service, and Volunteer Experience

Child Cognitive Behavioral Therapy Program, Mass General Hospital Boston, MA
Clinical Intern July 2025 – Present

Supervisor: Julie Edmunds, PhD

--Delivered CBT elements flexibly to youth with multiple comorbid disorders, involving families in care.

--Completed assessments.

--Received weekly supervision.

Eating Disorder Clinical and Research Group, Mass General Hospital Boston, MA
Clinical Intern July 2025 – Present

Supervisor: Ashley Dunford, PhD

--Trained in Family Based Therapy for youth with eating disorders.

--Observed and delivered FBT treatment sessions.

--Received weekly supervision.

Blake 11 Inpatient Psychiatric Service, Mass General Hospital Boston, MA
Clinical Intern July 2025 – Present

Supervisor: Michelle Stein, PhD

--Received weekly supervision and attended rounds with psychologists, psychiatrists, nurses, and social workers.

--Co-led groups focused on psychological support skills and milieu interactions

--Contributed to individual treatment sessions focused on skill development, safety planning, and self-understanding.

Addiction Recovery Management Service, Mass General Hospital Boston, MA

Clinical Practicum Student, Clinical Intern

August 2024 – Present

Supervisor: Jessica Nargiso, PhD

--Trained in assessment and intervention for youth (adolescents and young adults) with substance use disorders and dual diagnoses, using primarily the Adolescent Community Reinforcement Approach model.

--Carried caseload of 2 groups and 4-5 individual clients per week.

--Completed one assessment per week.

--Received weekly supervision and attended rounds.

Shamiri Institute., Inc., 501(c)3

Cambridge, MA & Nairobi, Kenya

Co-Founder, Scientific Director

April 2019 – Present

Supervisors: Christine Wasanga, PhD, John Weisz, PhD, David Ndeti, PhD

Website: <https://www.shamiri.institute/>

--Co-founded and directed research for non-profit with 50 full-time and 500 part-time employees, which has now provided psychological interventions to well over 130,000 adolescents in Kenyan high schools

--Data-driven non-profit, aiming to foster psychological innovations for the benefit of youth in sub-Saharan Africa

--Led design of intervention and training protocols for lay-providers and supervisors (for details on intervention, training, and supervision protocols, including emergency protocols for lay-providers and supervisors, see <https://osf.io/6g3z5/> and <https://osf.io/vynw9/>)

--Trained in person over 20 lay-counselors in basic counseling and crisis management skills, ethical guidelines, and specific intervention protocols; supervised in collaboration with experts. Co-designed and assisted with training of supervisors.

--Led several large grant applications (see grants in CV), as well as design, analyses, and writing for many large-scale research projects. Supervised and advised research staff and volunteers to complete projects and build research skills.

Psychological Assessment and Consultation Associates

Pembroke, MA

Clinical Practicum Student

September 2023 – June 2024

Supervisor: Stacy Horner, PhD

--Administered and completed reports on neuropsychological tests for youth in the Roxbury Prep network of Boston public schools. Completed one-to-two testing cases and reports each week.

--Tests administered included cognitive and academic skills (i.e., WISC, WAIS, WIAT, and specialized reading and math tests) as well as executive functioning and attention tests (i.e., Trail Making Test, BRIEF, NEPSY-2, Rey Figure Drawing), and social-emotional and personality tests (e.g., Achenbach Youth Self-Report, Child Behavior Checklist, and Teacher Report Form, the Children's and Adolescent Sentence Completion Tests, PAI-Adolescent). Finally, I administered interviews and the Reading-Free Vocational Interest Inventory, and completed in-vivo behavioral observations.

--Received weekly observation and/or supervision to support test administration and reporting.

--Presented testing results and potential future steps at an IEP meeting with school staff and family.

Boston University Child Center for Anxiety and Related Disorders

Boston, MA

Clinical Practicum Student

July 2022 – July 2023

Supervisors: Ovsanna Leyfer, PhD, Alyssa Farley, PhD, & Rachel Merson, PhD

--Provided child- and parent-focused PCIT-SM intervention for children with selective mutism at an intensive week-long camp called "Brave Bunch"

--Trained and supervised in Child ADIS and SM-BOT administration with child and parent, case presentation, and assessment report-writing
--Carried a caseload of six treatment-seeking families with disorders including OCD, Social Anxiety, ADHD, GAD, selective mutism, and misophonia. Met weekly with each family in person and virtually.
--Used Titanium (EMR system) to schedule, bill, and complete notes for treatment.

OCD Institute at McLean Hospital

Belmont, MA

Clinical Practicum Student

June 2021 – August 2022

Supervisors: Carol Hevia, PsyD & Jason Krompinger, PhD

--Performed Exposure and Response Prevention Therapy with clients 2 days/week; Wrote clinical notes on sessions.
--Co-led and co-designed weekly goals and values group over videoconferencing.
--Trained and supervised (weekly) in SCID administration and assessment report-writing.
--Received weeklong training and twice weekly supervision in ERPs and related CBT, ACT, and motivational techniques.

Cambridge Health Alliance

Cambridge, MA

Clinical Practicum Student

January 2021 – May 2021

Supervisor: Adam Conklin, PhD

--Observed clinical interviews and treatment planning in an outpatient clinic and inpatient hospital setting with youth and adult patients.
--Received training in key clinical skills including interviewing, diagnosis, and treatment planning.

Room 13 Peer Counseling

Cambridge, MA

Peer Counselor

August 2017 – December 2019

Primary Supervisor: James O'Rourke, PsyD

--Received 50 hours/year of professional training in non-judgmental, non-directive counseling techniques. In later years, helped deliver training.
--Helped train other peer counselors in non-judgmental, non-directive counseling techniques.
--Staffed peer-counseling drop-in room and phone-line from 7PM to 7AM 2-4 times per month.

Harvard College Global Mental Health Coalition

Cambridge, MA

Student Organizer

September 2017 – May 2019

--Organized the first ever Global Mental Health Open Day at Harvard.
--Created and led a "How to Support your Friends" workshop to teach peer counseling skills to students.

Harvard College Mental Health Research Group

Cambridge, MA

President

September 2018 – September 2019

Secretary

September 2017 – September 2018

--Developed research curriculum and provided consultation to ~15 undergraduates.
--Led students to have a paper accepted to an undergraduate journal, and posters to conferences.
--Recruited speakers (5-10/year) from labs and non-profits to host presentations.

Harvard Student Mental Health Liaisons

Cambridge, MA

House Representative

October 2016 – September 2018

- Hosted office hours and events to educate student body on mental health resources and healthy habits.
- Ran workshops to educate over 200 incoming freshmen per year about mental health resources.

NAMI (National Alliance on Mental Illness)

Mercer, New Jersey

Intern

March 2016 – August 2016

- Fielded helpline calls from mental health consumers and family members; led support groups.
- Represented NAMI at events; assisted executive director with fundraising and resource database.

Good Grief, Inc.

Princeton, NJ

Intern

February 2016 – August 2016

- Supported directors and staff of grief counseling non-profit in development and program offices by preparing activities, greeting families, researching potential donors, and building database information.
- Completed week-long training in group grief counseling techniques.

Clinical Trainings Attended (not including practicum-led trainings):

Evidence-Based Psychological Treatments for Eating Disorders: Children, Adolescents, and Adults

Leaders: Kathryn Eddy, PhD & Jenny Thomas, PhD

July 2025

Received virtual training in CBT-E and Family Based Therapy for Eating Disorders.

Adolescent Community Reinforcement Approach

Leaders: Vannasang Souksavath, LICSW & Mary Chao, LMHC

September 2024

Received three-day virtual training in the Adolescent Community reinforcement Approach for youth with substance use disorders and co-occurring disorders.

Acceptance and Commitment Therapy (ACT) for Children and Adolescents: A Process-based Approach to Shaping Psychological Flexibility

Leaders: Lisa Coyne, PhD

November 2023

Received full-day in-person training in Acceptance and Commitment Therapy for Children and Adolescents.

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents

Leaders: Jill Ehrenreich-May, PhD

August 2020

Received two-day online training in the UP for Children and Adolescents.

Evidence-Based Practice in Virtual Care and Virtual Youth FIRST Training

July 2020

Leaders: John Weisz, PhD, Sarah Kate Bearman, PhD, and Abby Bailin, PhD

Training in evidence-based youth assessment and intervention practices in virtual care. Focused on principles of youth CBT interventions presented in a modular format for delivery in schools. Principles in FIRST include: Feeling Calm, Increasing Motivation, Repairing Thoughts, Solving Problems, and Trying the Opposite.

Global Mental Health Summer Institute

May 2018

Leaders: Helen Verdeli, PhD, and Kathleen Clougherty, L.C.S.W.

Training in Group Interpersonal Psychotherapy and the World Health Organization (WHO) Mental Health Gap (mhGap) Humanitarian Intervention Guide.

Research Experience

Massachusetts General Hospital Center for School Behavioral Health Boston, MA
Affiliated Full-time Intern (PI: Randi Schuster) July 2025 – Present
--Conducted analyses and contributed to writing to better understand school-based mental healthcare and student needs.

Harvard Lab for Youth Mental Health Cambridge, MA
Doctoral Student, Undergraduate Volunteer (PI: John Weisz) January 2017 – Present
--Served as PI, scientific lead, and Co-I on several studies of lay-person-led interventions for Kenyan students; completed IRB protocols, grant applications, study design, and data analyses; wrote and published manuscripts
--Initiated work on evidence-based decision making in modular youth psychotherapy using machine learning approaches (i.e., LASSO and random forest) and scoping review
--Completed other research (see publications) on streamlined and tailored transdiagnostic interventions for youth mental health problems, including brief digital interventions, modular interventions, and brief, wise interventions for international youth
--Pre-registered and am now carrying out an RCT testing the effects of a single-session Trying the Opposite intervention using Ecological Momentary Assessment (EMA) to measure daily skill use and symptoms before and after intervention-receipt.

Columbia Global Mental Health Lab New York, New York
Research Assistant and Collaborator (PI: Helen Verdeli) July 2017 – December 2019
--Collaborated on qualitative interview project exploring the relationship between maternal depression, social support, caregiving behaviors, and child growth stunting in northern Uganda
--Created 11-page document to train lay providers and clinicians to assess and respond to suicidality
--Completed literature reviews concerning compensation of lay-providers in LMICs
--Led independent research comparing human sentiment to quantitative sentiment analysis in R

Center for Humanitarian Health at Johns Hopkins University Baltimore, Maryland
Research Assistant; Collaborator November 2017 – August, 2020
--Completed literature reviews on HIV interventions and digital mental health interventions
--Edited adult modular treatment manual (CETA)
--Coded transcripts from an intervention for families facing alcoholism and domestic violence in Zambia

Systems Neuroscience of Psychopathology Lab Cambridge, MA
Research Assistant (PI: Josh Buckholz) January 2017 – June 2019
--Assisted with screening of studies for meta-analysis on the clinical implications of self-regulation
--Assisted in conceptualizing a project using network analysis to analyze symptom trajectories

Boston University Center for Psychiatric Rehabilitation Boston, MA
Collaborator (PI: Kim Mueser and Susan McGurk) July 2017 – March 2018

--Assisted with meta-analysis on the effectiveness of cognitive remediation and vocational rehabilitation for patients with serious mental illness

Industry and Consultation Experience

World Bank Group

Washington, D.C.

Expert Working Group Member

November 2024 – Present

--Offered expertise on developing, testing, sustaining, and managing risks associated with implementation of educational technology solutions for youth in conflict-affected settings globally.

UNICEF

New York, New York

Expert Panel Member

January 2023 – May 2024

-- Provided guidance and feedback related to development and testing of a mental health and wellbeing support intervention for children in humanitarian settings

ARETE, Inc.

New York, New York

Research Consultant

August 2018 – February 2019

--Consulted with the creators of a positive psychology-based in-person therapy and mobile app to design a therapy protocol and tests of therapy effectiveness

DynamiCare Health, Inc.

Cambridge, MA

Research Consultant

February 2017 – Sept 2017

--Consulted with the creators of an addiction recovery app to design and implement an effectiveness trial

Janssen Pharmaceuticals Neuroscience Division

Titusville, NJ

Intern

June 2017 – August 2017

--Developed survey to understand physician and patient issues with a drug; analyzed 200 responses
--Offered suggestions better to train physicians which led to significant changes in business plan for the next year; received return job offer
--Created and delivered training on SAMHSA community mental health initiative (CMHCs) to Janssen staff

Teaching Experience

MBB S-102: Neuroscience and Psychology Research

Cambridge, MA

Teaching Assistant

February 2020 – August 2020; February 2021 – August 2021

-Assisted with syllabus/ lecture design, office hours, and grading; Gave 2-hour guest lecture on global mental health research.

-Received an average student rating of 4.9/5.0.

PSY1900: Introduction to Statistics for the Behavioral Sciences

Cambridge, MA

Teaching Assistant

February 2020 – May 2020

- Designed and delivered weekly lectures, graded assignments, held office hours, and offered coding support; assisted with transition to Zoom (remote teaching). No teacher ratings were provided due to the pandemic.

Homefront, Inc.
Volunteer Tutor

Hopewell, NJ
February 2016 – August 2016

--Tutored students facing housing insecurity and behavioral concerns in academic and executive functioning skills

Invited Talks

Global Mental Health at Harvard Research Seminar Series, Cambridge, MA	2020
NIH Advisory Committee on Research on Women's Health, Bethesda, MD	2021
Becoming a Brain Scientist: Neuroscience and Psychology Research, Cambridge, MA	2020-2022
Shamiri Institute, Nairobi, Kenya	2022
Columbia Global Mental Health Seminar Series, New York, NY (virtual)	2022
Exeter Boarding School Psychology Club, Exeter, NH (virtual)	2023
Research Institute for Child Development and Education, Amsterdam, Netherlands	2023
Plenary: Decolonization of Global Mental Health Research, 2023 Global Mental Health Conference: Research Without Borders	2023
Invited Presenter: Psychological Treatment Research Class, Harvard University Cambridge, MA	2024
University of Amsterdam Components Club, Dep. of Psychology, Amsterdam, Netherlands	2024
Psychology Careers & Graduate School Pathways Panel, Mignone Center for Career Success Cambridge, MA	2024
Lab for Scalable Mental Health, Chicago, IL (virtual)	2025
Harvard Graduate School of Arts and Sciences, Harvard Horizons, Cambridge, MA	2025
Center for School Behavioral Health, Grand Rounds, Boston, MA	2025

Other Talks, Trainings Delivered, and Social Media Appearances

Three-day Lay-Provider Counseling and Intervention Training; Nairobi, Kenya	2018; 2019
Brief Digital Intervention Training, School Mental Health Ontario, Ontario, Canada	2020
Brief Digital Intervention Training, School Mental Health Ontario, Ontario, Canada	2021
Workshop on Responding to Reviewers; Shamiri Institute, Nairobi, Kenya	2023

Workshop on Imputation of Missing Data Using R; Shamiri Institute, Nairobi, Kenya	2023
Analyzing Effects Over Time Using Mixed-effects Models; Shamiri Institute, Nairobi, Kenya	2023
Workshop on Exposure Therapy for Anxiety and OCD; Shamiri Institute, Nairobi, Kenya	2023
Workshop on Scientific Writing; Shamiri Institute, Nairobi, Kenya	2023
Instagram Live Q&A; Shamiri Institute, Nairobi, Kenya	2023
Brief Digital Intervention Training, School Mental Health Ontario, Ontario, Canada	2023
Brief Digital Intervention Training, School Mental Health Ontario, Ontario, Canada	2024

Media Coverage

[Harvard Horizons Talk](#)

[Helping Global Youth Thrive](#)

[GSAS Harvard Horizons Announcement](#)

[The Value of Unexpected Findings \(shamiri.institute\)](#)

[Psychotherapies seem to be especially effective in low- and middle-income countries - ACAMH](#)

[Youth psychotherapies in lower- and middle-income countries found to be particularly effective, but rarely studied](#)

[What's on the Menu: A Scoping Review of Decision-Making in Modular Youth Psychotherapies](#)

[Young people are hurting, and their parents are feeling it](#)

[Research Highlight – Nature Reviews Psychology: “Scalable adolescent mental-health treatment”](#)

[Shamiri Institute, a Mental Health Startup, raises \\$1 Million Funding - Techish Kenya](#)

[Shamiri Institute - Harvard Innovation Labs](#)

[Social Impact Shamiri Institute](#)

[Katherine Venturo-Conerly: Supporting Mental Health Helps Kenyan Youth Thrive](#)

[How Shamiri Institute is shaping the future of mental health in Africa \(the-star.co.ke\)](#)

Mentorship Experience

Melissa Shang, Harvard University Presently a student at Harvard University. Soon starting PhD in clinical psychology at OSU.	2024-Present
Sophia LeBlanc, Harvard University Presently a student at Harvard University. Selected as BLISS Fellow.	2024-Present
Rayha McPherson, Harvard University Presently a thesis student at Harvard University. Weatherhead Undergraduate Associate. Winner of Psychology Faculty Prize for an outstanding senior thesis.	2023- Present
Faith Kamau, Shamiri Institute* Presently at Shamiri Institute.	2023- Present
Janie Mehringer, Simmons University.	2023
Hannah Broderick, Harvard University Presently a research assistant at Harvard University.	2023- Present
Wendy Mbone, Shamiri Institute* Presently at Shamiri Institute.	2023
Katie Cabrerra, Harvard University Presently at Harvard University. Selected as BLISS Fellow.	2023
Natalie Johnson, Shamiri Institute* Presently a PhD Student at University Hospital Basel, Switzerland	2022-2023
Michael Spitzer, University of Haifa Presently earning a Master's in Clinical Psychology.	2022-2023
Sarah Kim, Simmons University Presently working at Harvard and in the Boston Public Schools.	2022-Present
Emma Hill, Simmons University Presently a Post-Baccalaureate Research Assistant at Harvard University and Harvard Medical School. Selected as Passionate Leaders Project Fellow.	2021-Present
Rachel Reynolds, Harvard University Selected as BLISS Fellow. Presently a Clinical Psychology PhD Student at Temple University.	2021-2024
Nicole Iannella, Harvard University Presently a Research Assistant at Boston Medical Center Department of Pediatrics.	2020-2021
Huong Le, Harvard University, Shamiri Institute Selected for HCRP fellowship.	2020-2021

Danielle Eisenman, Harvard University Presently in Lab. Selected for HCRP fellowship.	2020-2022
Malia Clark, Harvard University Presently at Global Health Strategies.	2020-2022
Moti Heda, Harvard University, Shamiri Institute Presently at Shamiri Institute.	2020-2021
Marlyn Li, Brookline High School, Summer 2021 intern.	2021

*These individuals worked as paid employees on the research team at Shamiri Institute. I have provided research or other professional mentorship to them as part of their role at Shamiri Institute.

Professional Affiliations

American Psychological Association, Division 53, Society for Clinical Child and Adolescent Psychology
 Association for Behavioral and Cognitive Therapies
 Association for Psychological Science
 Society for a Science of Clinical Psychology

Ad Hoc Reviewer:

BMC Medicine
 Clinical Psychology Review
 Journal of the American Academy of Child and Adolescent Psychiatry
 Journal of Child Psychology and Psychiatry
 Clinical Psychological Science
 European Child & Adolescent Psychiatry
 Global Mental Health
 Lancet Psychiatry
 Journal of Adolescent Health
 American Psychologist
 Journal of Consulting and Clinical Psychology
 Trials
 Substance Abuse Treatment, Prevention, and Policy
 Behavior Research and Therapy
 Applied Psychology: Health and Well-Being
 Cognitive and Behavioral Practice
 Journal of Clinical Child and Adolescent Psychology
 Digital Health
 Journal of Child & Adolescent Mental Health
 Happier Lives Institute Annual Report (non-profit research publication)

Languages: Proficient Spanish, beginning French, beginning Swahili

Interests: Cooking & baking, animal welfare, house rabbits (I foster and babysit rabbits for the House Rabbit Network, a local non-profit, and have represented them at events), music, puzzles, fitness

Technical Skills: Experienced R (e.g. lmer, nlme, mice, emmeans, robumeta, qdap, networktree, glmnet)
Basic Python, SPSS, and SAS
Proficient Qualtrics
Moderate experience with RedCap, Titanium, and EPIC
Proficient EndNote and Zotero
Expense reporting (Concur)
MRI yellow badge